

Faecal Specimen Collection

(INCLUDING PARASITE PRESERVATIVE)

1. Using boiling water, wash out a plastic ice cream container (or similar).
2. Place the container in the toilet to catch the motion (specimen).
3. Transfer a sample (as big as a peach stone) into the brown top container using the scoop attached to the lid. (This specimen is used to investigate bacterial pathogens – M, C, & S).
4. If the faeces is too liquid, simply pour into brown top container so it is about half full. **Please do not fill.**
5. Transfer another sample (as big as a grape) into the aqua top container using the scoop attached to the lid. Using the stick provided, gently mix the faeces into the fluid, and then discard this stick. (This specimen is used to investigate parasites – O, C, & P. when sample is to be delayed whilst being sent from country centres).
6. If the faeces is liquid simply pour the equivalent volume of a grape into the fluid of the aqua top container. Please do not fill.
7. Please wipe the outside of the containers with a tissue if it is soiled.
8. Write your name, date and time of collection on the container labels.
9. Please deliver both specimens as soon as possible. If there is any delay, put the containers in a plastic bag and store in the refrigerator.
10. If you are requested to produce more than one specimen, these should be 7 days later for bacterial pathogens (M, C & S) and/or 2-4 days later for parasites (O, C & P).
11. If collecting more than one specimen, ensure each specimen is delivered for testing on the same day of collection. Do NOT accumulate all required specimens and deliver only once.

