

Male Mid-Stream Urine Collection

1. Wash hands with soap and warm water
2. Retract foreskin if needed.
3. Remove the lid of the jar without touching the inside of the jar or lid.
4. Pass the first part of the urine into the toilet.
5. Then collect some urine into the jar. (Approximately ½ fill.)
6. Pass the remaining urine into the toilet.
7. Screw lid firmly onto jar.
8. Return sample to the collector at the nearest Western Diagnostic Pathology Collection Centre as soon as possible (*see back of request form for centre locations*)



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