

# Urine Albumin/ Creatinine Ratio Test



Urine Albumin/Creatinine Ratio is a laboratory test used to monitor the progression of kidney disease.



## Urine Albumin/Creatinine Ratio

Diabetes is one of the leading causes of kidney failure in the developed world, and kidney disease with diabetes is the most common cause of entry to renal replacement programs, such as dialysis or transplantation, in most countries in the world.

With improved management of diabetes and possible complications, such as high blood pressure, the progression of kidney disease can be slowed or prevented. Kidney failure from diabetes happens so slowly that you may not feel sick at all for many years.

## How is Urine Albumin/Creatinine Ratio tested?

Kidney damage can be diagnosed by checking for the presence of tiny abnormal amounts of albumin (microalbuminuria) in urine. Albumin is a normal body protein but it should not leak out into the urine in large amounts. Identifying the very early stages of kidney disease helps the patient and doctor adjust treatment.

## How often should you be tested?

Speak to your doctor about how often you should be tested. For most people with diabetes, it is recommended the test be performed annually.

## Are there fees involved?

Medicare will provide a rebate providing all criteria and guidelines are met.

